



# A Sensory Life

Previously UnderstandingSPD.com

Hidden Disability Awareness and Letter of Explanation  
Special Needs and Accommodations  
**Sensory Processing Disorder (SPD)**

Sensory Processing Disorder (SPD) is a neurological condition in which the brain and nervous system have difficulty processing sensory information from one or all of the senses. This may involve the well known senses, but also the vestibular and proprioceptive senses. These sensory processing difficulties impact a child's ability to tolerate and accept sensory input in the environment on a constant basis. A child may seek out sensory input or avoid it, or a combination of the two. Theme parks/amusement parks offer significant amounts of new and challenging multi-sensory input.

**Areas which will likely be a challenge and present difficulty during our visit include:**

- Ability to wait in lines
- Tolerating multi-sensory input such as loud and unexpected sounds, bright, colorful and moving objects, etc
- Social interactions and the ability to communicate with new people
- Using public restrooms
- Eating in a large cafeteria type restaurant
- Bumping into and walking in close proximity to others
- Safety and judgment, impulsivity
- New experiences and rides

In order for my child to have the best experience possible and to maximize safety, it is strongly recommended and requested that special consideration be made for my child with sensory processing disorder and our family. Thank you so much for your understanding.

For Further Information Visit: [ASensoryLife.com](http://ASensoryLife.com)

